

**COUNTY OF SAN LUIS OBISPO BOARD OF SUPERVISORS
AGENDA ITEM TRANSMITTAL**

(1) DEPARTMENT Behavioral Health	(2) MEETING DATE 8/21/2012	(3) CONTACT/PHONE Darci Rourke 805-788-2156	
(4) SUBJECT Request to approve a renewal contract for FY 2012-13 with San Luis Obispo Community College District (Cuesta College) (Clerk's File), to provide prevention and early intervention mental health and wellness services for Transitional Aged Youth throughout San Luis Obispo County, in the amount not to exceed \$179,917.			
(5) RECOMMENDED ACTION It is recommended that the Board approve a renewal contract for FY 2012-13 with San Luis Obispo Community College District (Cuesta College), to provide prevention and early intervention mental health and wellness services for Transitional Aged Youth throughout San Luis Obispo County, in the amount not to exceed \$179,917.			
(6) FUNDING SOURCE(S) Mental Health Services Act	(7) CURRENT YEAR FINANCIAL IMPACT \$179,917	(8) ANNUAL FINANCIAL IMPACT \$179,917	(9) BUDGETED? Yes
(10) AGENDA PLACEMENT <input checked="" type="checkbox"/> Consent <input type="checkbox"/> Presentation <input type="checkbox"/> Hearing (Time Est. _____) <input type="checkbox"/> Board Business (Time Est. _____)			
(11) EXECUTED DOCUMENTS <input type="checkbox"/> Resolutions <input checked="" type="checkbox"/> Contracts <input type="checkbox"/> Ordinances <input type="checkbox"/> N/A			
(12) OUTLINE AGREEMENT REQUISITION NUMBER (OAR) 19001190		(13) BUDGET ADJUSTMENT REQUIRED? BAR ID Number: <input type="checkbox"/> 4/5th's Vote Required <input type="checkbox"/> N/A	
(14) LOCATION MAP	(15) BUSINESS IMPACT STATEMENT? No	(16) AGENDA ITEM HISTORY <input type="checkbox"/> N/A Date <u>July 26, 2011 Item A-6</u>	
(17) ADMINISTRATIVE OFFICE REVIEW 			
(18) SUPERVISOR DISTRICT(S) All Districts -			

County of San Luis Obispo



TO: Board of Supervisors

FROM: Jeff Hamm, Health Agency Director
Karen Baylor, Ph.D., MFT, Behavioral Health Administrator

DATE: 8/21/2012

SUBJECT: Request to approve a renewal contract for FY 2012-13 with San Luis Obispo Community College District (Cuesta College) (Clerk's File), to provide prevention and early intervention mental health and wellness services for Transitional Aged Youth throughout San Luis Obispo County, in the amount not to exceed \$179,917.

RECOMMENDATION

It is recommended that the Board approve a renewal contract for FY 2012-13 with San Luis Obispo Community College District (Cuesta College), to provide prevention and early intervention mental health and wellness services for Transitional Aged Youth throughout San Luis Obispo County, in the amount not to exceed \$179,917.

DISCUSSION

The Mental Health Services Act (MHSA) is dedicated to transforming the public mental health system and seeks to reduce the long-term adverse impact from untreated serious mental illness. MHSA funds are divided into five distinct components, and one of the components is Prevention and Early Intervention (PEI).

As required by the MHSA statutes, the local PEI Community planning team is responsible for guiding the planning process, analyzing community input, and selecting projects in accordance with community priorities. On February 29, 2012, the community planning team was presented with the successful results of the first two years of PEI programs, and decided to continue the current PEI programs as status quo. The contract renewal with Cuesta College will continue to provide the Successful Launch Program for at risk Transitional Aged Youth (TAY). Successful Launch provides development opportunities and support to ensure that these high risk youth have stability, momentum for postsecondary education, work, and are able to adequately cope with life's challenging demands. Services include vocational and work readiness training, academic support, life skill development, linkages to community resources,

The contract renewal with Cuesta College will also continue the Innovation Wellness Arts pilot project, which began in 2011-12. The Wellness Arts 101 project was developed by and created for college students with mental illness. This program is a for-credit community college course on expressive art for students who have been engaged in or referred to mental health services. The course combines academics with the opportunity to develop social and life skills while participating in therapeutic art activities. Wellness Arts 101 will allow Behavioral Health to learn how a new approach benefits mentally ill college students who struggle with navigating the campus culture, academic pressures, and socializations issues while dealing with treatment, recovery and lack of supports.

The MHSA Annual Plan which was adopted by your Board July 17, 2012 included this program and funding level.

OTHER AGENCY INVOLVEMENT/IMPACT

The identification of this and other MHSA PEI programs involved collaboration and review by mental health stakeholders through the PEI planning process and by the local community planning team.

County Counsel has approved the contract as to form and legal effect.

FINANCIAL CONSIDERATIONS

The FY 2012-13 Adopted Budget includes funding at \$179,917, which includes \$104,731 for the Successful Launch program and \$75,186 for the Wellness Arts program and is provided from the MHSA trust fund. Due to a slow start up of PEI programs from FY 2007-08 to 2008-09, the PEI component had unspent revenue that was carried forward from year to year, as allowed by MHSA statutes. The carryover amount has been spent and PEI programs must now be aligned with current year revenue allocations. PEI programs for FY 2012-13 were adjusted to meet funding levels. As a result, there is a decrease from the FY 2011-12 contract amount, which was \$234,110.

RESULTS

Successful Launch is a prevention and early intervention program which provides essential services for at risk TAY. As noted below, service levels and performance measures are tracked against budgeted targets for each program. Behavioral Health operational and administrative staffs meet no less than quarterly with Cuesta staff to review results against budgeted targets, promote ongoing improvement of programs, and discuss upcoming needs of TAY in our county. Program targets are set at an acceptable level as negotiated with the contractor with the overall purpose of providing the best possible service to our clients. The FY 2012-13 targets were adjusted to reflect the \$54K reduction in funding.

Successful Launch Program			
	2011-12 Actual	2011-12 Target	2012-13 Target
TAY Clients engaged	265	120	100
TAY managed cases	71	60	50
TAY provided educational supportive services	74	60	50
TAY provided employment supportive services	85	60	50
TAY engaged in peer mentoring	35	20	15

The goal of Wellness Arts 101 is to determine whether the mental health system should focus programming on mentally ill college students. It is expected, at the end of the three-year pilot, that this innovation will yield strong outcomes that will help Behavioral Health make recommendations for future replication or adaptations within the local community college system and beyond. Cuesta Wellness Arts staffs were tasked with developing a brand new project that had never been done before. Cuesta successfully met the contractual agreement which was to develop curriculum, evaluation tools, and implement Wellness Arts in spring of 2011-12. Cuesta is expanding to offer additional classes in North County beginning September 2012. The Wellness Arts program is receiving statewide interest, and Wellness Arts staff participated in the statewide conference "Supporting Students With Behavioral Health Challenges" in July of 2012 to share the design and model of the Wellness Arts project.

Of the 12 students enrolled in the Wellness Arts class, 10 showed improvement in their ability to cope with the symptoms caused by their mental illness as a result of the class.

Continuation of these programs will help the Behavioral Health Department achieve its goal of increasing protective factors and reducing risk factors of at risk TAY throughout the County. Promotion of positive mental health, and prevention and early intervention services reduce the negative impact of mental illness and contribute to the desired community wide goal of a safe, healthy, and livable community.

ATTACHMENTS

1. Cuesta College FY 2012-13 Clerk's Filed Coversheet